**Pandemic – Sunny Days**





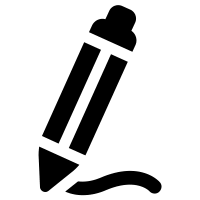
**Book / Article Sharing**

**Name:** Che Wing Toon **Class:** 4B **(** 2  **) Date:** 11st March 21

**Book / Article Title:** Changing normality

**Author (if any):**

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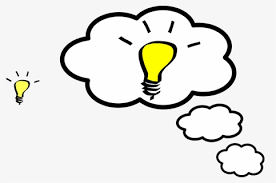


**Summary:**

COVID-19 has changed the world and young people are bearing the brunt of its impact. Hong Kong’s experience is paralleled by a global phenomenon and a return to normality recedes with each new wave of viral infections. Many young people can’t find a job, or they lost their jobs. Also, many students’ studying is disrupted. However, we need to be hopeful. In order to face the future with optimism we all need to embrace changes and the unexpected with enthusiasm.

**The most surprising / inspiring scene / fact:**

I think the most surprising fact is about “Studying disrupted and jobs hit.” COVID-19 is inflicting a heavy toll on young workers. In Hong Kong, many people have lost their jobs because of the pandemic. And many students’ grades are declining.



**Opinion / Reflection:**

- **How does Covid-19 affect your life?**

**- What attitude should we have under the influence of Covid-19?**

Because of COVID-19, I have missed many things. It began in 2019, I was in F.3 and I was a small ‘B grade’ girl in sport competitions. However, in 2019, I only had three high jump competitions. In 2020, I was a big ‘B grade’ girl but I didn’t have any competitions. I not only lost the competition and the medal, I also lost my sense of success. It makes me sad. Young people should be optimistic because we need to embrace changes and the unexpected with enthusiasm. We need to believe “an era where normality is abnormal” will pass quickly.